

## Ryttarrapport lördag den 31 maj 2008

## Klass 2 80 km

Pulsgräns: 64 slag/min Distans: 80 km

Vtg 1 efter 33 km (obl. vila 30 min) Vtg 2 efter 30 km (obl. vila 30 min)

Startnr	Ryttare	Häst	Land/klubb	Placering
<b>30</b>	<b>Maria Hagman-Eriksson</b>	<b>Nadir</b>	<b>Rönningens K&amp;RK</b>	<b>1</b>
<b>Start</b>	09:00:00			
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff.</i>	<i>Km/tim</i>
<b>Vtg 1</b>	11:09:06	11:14:29	00:05:23	14,7
<b>Vtg 2</b>	13:39:29	13:44:24	00:04:55	15,0
<b>Mål</b>	15:08:40		18,8	15,6
<b>Totalt</b>		00:10:18	15,6	15,6
			<i>Puls</i>	<i>Ridtid</i>
			60	02:14:29
			56	01:59:55
			62	00:54:16
				05:08:40
				<i>Uttid</i>
				11:44:29
				14:14:24
				1
				1
<b>41</b>	<b>Linnea Svedlund</b>	<b>Wigor</b>	<b>Folkärna RS</b>	<b>2</b>
<b>Start</b>	09:00:00			
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff.</i>	<i>Km/tim</i>
<b>Vtg 1</b>	11:09:06	11:14:30	00:05:24	14,7
<b>Vtg 2</b>	13:39:28	13:44:24	00:04:56	15,0
<b>Mål</b>	15:08:41		18,8	15,5
<b>Totalt</b>		00:10:20	15,5	15,5
			<i>Puls</i>	<i>Ridtid</i>
			56	02:14:30
			62	01:59:54
			60	00:54:17
				05:08:41
				<i>Uttid</i>
				11:44:30
				14:14:24
				7
				3
				2
				2
<b>27</b>	<b>Silje Lokken</b>	<b>Indian Princess</b>	<b>NOR</b>	<b>3</b>
<b>Start</b>	09:00:00			
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff.</i>	<i>Km/tim</i>
<b>Vtg 1</b>	11:01:31	11:04:55	00:03:24	15,9
<b>Vtg 2</b>	13:37:18	13:40:12	00:02:54	14,4
<b>Mål</b>	15:09:07		17,3	15,5
<b>Totalt</b>		00:06:18	15,5	15,5
			<i>Puls</i>	<i>Ridtid</i>
			52	02:04:55
			56	02:05:17
			64	00:58:55
				05:09:07
				<i>Uttid</i>
				11:34:55
				14:10:12
				1
				1
				3
				3
<b>26</b>	<b>Lene Hammeren</b>	<b>Gotti</b>	<b>Hadeland Ride- og Kjoreklubb</b>	<b>4</b>
<b>Start</b>	09:00:00			
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff.</i>	<i>Km/tim</i>
<b>Vtg 1</b>	11:01:26	11:07:40	00:06:14	15,5
<b>Vtg 2</b>	13:37:28	13:41:23	00:03:55	14,5
<b>Mål</b>	15:17:43		15,4	15,1
<b>Totalt</b>		00:10:09	15,1	15,1
			<i>Puls</i>	<i>Ridtid</i>
			62	02:07:40
			52	02:03:43
			52	01:06:20
				05:17:43
				<i>Uttid</i>
				11:37:40
				14:11:23
				3
				2
				4
				4
<b>36</b>	<b>Nathalie LöfdahlHellström</b>	<b>Ktchuk</b>	<b>Arvika Ridklubb</b>	<b>5</b>
<b>Start</b>	09:00:00			
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff.</i>	<i>Km/tim</i>
<b>Vtg 1</b>	11:16:04	11:19:36	00:03:32	14,2
<b>Vtg 2</b>	13:47:22	13:55:47	00:08:25	14,3
<b>Mål</b>	15:17:49		19,6	15,1
<b>Totalt</b>		00:11:57	15,1	15,1
			<i>Puls</i>	<i>Ridtid</i>
			64	02:19:36
			56	02:06:11
			52	00:52:02
				05:17:49
				<i>Uttid</i>
				11:49:36
				14:25:47
				10
				8
				5
				5
<b>38</b>	<b>Jessica Holmberg</b>	<b>Princess Millenia</b>	<b>Simlångsdalens RF</b>	<b>6</b>
<b>Start</b>	09:00:00			
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff.</i>	<i>Km/tim</i>
<b>Vtg 1</b>	11:16:03	11:18:24	00:02:21	14,3
<b>Vtg 2</b>	13:47:14	13:49:32	00:02:18	14,9
<b>Mål</b>	15:17:52		17,5	15,1
			<i>Puls</i>	<i>Ridtid</i>
			56	02:18:24
			60	02:01:08
			56	00:58:20
				05:17:49
				<i>Uttid</i>
				11:48:24
				14:19:32
				9
				6
				6

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## Klass 2 forts

Startnr	Ryttare	Häst		Land/klubb					Placering	
<b>Totalt</b>		00:04:39	15,1	15,1		05:17:52				6
<b>25</b>	<b>Camilla Norberg</b>	<b>El Sobra ox</b>		<b>Filipstadsbygden</b>					<b>7</b>	
<b>Start</b>	09:00:00									
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff.</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>		
<b>Vtg 1</b>	11:02:59	11:07:10	00:04:11	15,6	15,6	56	02:07:10	11:37:10	2	
<b>Vtg 2</b>	13:39:28	13:47:25	00:07:57	13,8	14,7	64	02:10:15	14:17:25	5	
<b>Mål</b>	15:21:39			15,9	14,9	52	01:04:14		7	
<b>Totalt</b>		00:12:08	14,9	14,9		05:21:39				7
<b>22</b>	<b>Helena Nilsson</b>	<b>Goplan</b>		<b>Filipstadsbygden</b>					<b>8</b>	
<b>Start</b>	09:00:00									
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff.</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>		
<b>Vtg 1</b>	10:58:32	11:11:27	00:12:55	15,1	15,1	62	02:11:27	11:41:27	4	
<b>Vtg 2</b>	13:47:55	14:02:04	00:14:09	12,8	13,9	56	02:20:37	14:32:04	9	
<b>Mål</b>	15:49:11			13,2	13,7	60	01:17:07		8	
<b>Totalt</b>		00:27:04	13,7	13,7		05:49:11				8
<b>20</b>	<b>Anita Oldenburg</b>	<b>Millennia ox</b>		<b>Årsta SR</b>					<b>9</b>	
<b>Start</b>	09:00:00									
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff.</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>		
<b>Vtg 1</b>	11:09:23	11:12:50	00:03:27	14,9	14,9	64	02:12:50	11:42:50	5	
<b>Vtg 2</b>	14:02:55	14:09:20	00:06:25	12,3	13,5	54	02:26:30	14:39:20	10	
<b>Mål</b>	16:02:10			12,3	13,3	52	01:22:50		9	
<b>Totalt</b>		00:09:52	13,3	13,3		06:02:10				9
<b>39</b>	<b>Karin Knutsgård</b>	<b>Gishindi</b>		<b>Rönningens K&amp;RK</b>					<b>10</b>	
<b>Start</b>	09:00:00									
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff.</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>		
<b>Vtg 1</b>	11:25:39	11:30:32	00:04:53	13,2	13,2	52	02:30:32	12:00:32	15	
<b>Vtg 2</b>	14:16:46	14:23:10	00:06:24	12,6	12,9	60	02:22:38	14:53:10	13	
<b>Mål</b>	16:07:33			13,7	13,1	56	01:14:23		10	
<b>Totalt</b>		00:11:17	13,1	13,1		06:07:33				10
<b>37</b>	<b>Gunnel Lundström</b>	<b>Sven</b>		<b>Nerikes DRK</b>					<b>11</b>	
<b>Start</b>	09:00:00									
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff.</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>		
<b>Vtg 1</b>	11:08:55	11:25:25	00:16:30	13,6	13,6	64	02:25:25	11:55:25	12	
<b>Vtg 2</b>	14:06:33	14:23:00	00:16:27	12,2	12,9	60	02:27:35	14:53:00	12	
<b>Mål</b>	16:12:15			12,9	12,9	62	01:19:15		11	
<b>Totalt</b>		00:32:57	12,9	12,9		06:12:15				11
<b>35</b>	<b>Sara Lärka</b>	<b>Cactusz</b>		<b>Dalarnas DRF</b>					<b>12</b>	
<b>Start</b>	09:00:00									
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff.</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>		
<b>Vtg 1</b>	11:17:47	11:23:15	00:05:28	13,8	13,8	50	02:23:15	11:53:15	11	
<b>Vtg 2</b>	14:16:59	14:22:59	00:06:00	12,0	12,9	56	02:29:44	14:52:59	11	
<b>Mål</b>	16:23:19			11,3	12,5	58	01:30:20		12	

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## Klass 2 forts

Startnr	Ryttare	Häst		Land/klubb					Placering	
<b>Totalt</b>		00:11:28	12,5	12,5		06:23:19				12
<b>21</b>	<b>Ulf Steisjö</b>	<b>Saht Merah</b>		<b>Hermanstorps K&amp;RK</b>					<b>13</b>	
<b>Start</b>	09:00:00									
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff.</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>		
<b>Vtg 1</b>	11:29:06	11:34:21	00:05:15	12,8	12,8	64	02:34:21	12:04:21	17	
<b>Vtg 2</b>	14:40:42	14:46:37	00:05:55	11,1	11,9	62	02:42:16	15:16:37	18	
<b>Mål</b>	16:32:17			13,5	12,2	60	01:15:40		13	
<b>Totalt</b>		00:11:10	12,2	12,2		06:32:17				13
<b>31</b>	<b>Sara Henriksson</b>	<b>Cross</b>		<b>Nerikes DRK</b>					<b>14</b>	
<b>Start</b>	09:00:00									
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff.</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>		
<b>Vtg 1</b>	11:21:32	11:25:45	00:04:13	13,6	13,6	64	02:25:45	11:55:45	13	
<b>Vtg 2</b>	14:22:02	14:26:50	00:04:48	11,9	12,7	64	02:31:05	14:56:50	14	
<b>Mål</b>	16:36:33			10,2	12,1	56	01:39:43		14	
<b>Totalt</b>		00:09:01	12,1	12,1		06:36:33				14
<b>24</b>	<b>Katarina Mungsgård</b>	<b>Wivex Girl</b>		<b>Rönningens K&amp;RK</b>					<b>15</b>	
<b>Start</b>	09:00:00									
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff.</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>		
<b>Vtg 1</b>	11:26:20	11:34:52	00:08:32	12,8	12,8	52	02:34:52	12:04:52	18	
<b>Vtg 2</b>	14:18:05	14:28:46	00:10:41	12,5	12,7	62	02:23:54	14:58:46	15	
<b>Mål</b>	16:37:09			10,4	12,1	62	01:38:23		15	
<b>Totalt</b>		00:19:13	12,1	12,1		06:37:09				15
<b>34</b>	<b>Madeleine Fridlund</b>	<b>Enter</b>		<b>Årsta SR</b>					<b>16</b>	
<b>Start</b>	09:00:00									
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff.</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>		
<b>Vtg 1</b>	11:22:08	11:32:35	00:10:27	13,0	13,0	50	02:32:35	12:02:35	16	
<b>Vtg 2</b>	14:39:57	14:44:14	00:04:17	11,1	12,0	60	02:41:39	15:14:14	17	
<b>Mål</b>	16:37:30			12,2	12,1	60	01:23:16		16	
<b>Totalt</b>		00:14:44	12,1	12,1		06:37:30				16
<b>23</b>	<b>Madelene Lönnroos</b>	<b>Catanya</b>		<b>Baståsens RK</b>					<b>17</b>	
<b>Start</b>	09:00:00									
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff.</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>		
<b>Vtg 1</b>	11:20:04	11:26:30	00:06:26	13,5	13,5	52	02:26:30	11:56:30	14	
<b>Vtg 2</b>	14:40:50	14:53:04	00:12:14	10,2	11,7	56	02:56:34	15:23:04	19	
<b>Mål</b>	16:55:38			11,0	11,5	56	01:32:34		17	
<b>Totalt</b>		00:18:40	11,5	11,5		06:55:38				17
<b>40</b>	<b>Sara Jakobsson</b>	<b>Roxi Queen</b>		<b>Nerikes DRK</b>					<b>18</b>	
<b>Start</b>	09:00:00									
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff.</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>		
<b>Vtg 1</b>	11:38:33	11:49:18	00:10:45	11,7	11,7	0	02:49:18	12:19:18	21	
<b>Vtg 2</b>	14:49:28	15:00:55	00:11:27	11,1	11,4	60	02:41:37	15:30:55	20	
<b>Mål</b>	17:04:12			10,9	11,3	62	01:33:17		18	

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## Klass 2 forts

Startnr	Ryttare	Häst		Land/klubb					Placering	
<b>Totalt</b>		00:22:12	11,3	11,3		07:04:12				18
<b>28</b>	<b>Stina Svensson</b>	<b>Chimal</b>		<b>Nerikes DRK</b>						
<b>Start</b>	09:00:00									
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff.</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>		
<b>Vtg 1</b>	11:07:08	11:15:50	00:08:42	14,6	14,6	60	02:15:50	11:45:50	8	
<b>Vtg 2</b>	13:47:28	13:54:46	00:07:18	14,0	14,3	64	02:08:56	14:24:46	7	
<b>Mål</b>	15:17:52			19,2	15,1	70	00:53:06		Utesluten	
<b>Totalt</b>		00:16:00		15,1	15,1		05:17:52			
										rek resa till klinik omg. Puls går ej ner Tillåten max puls är överskriden

<b>42</b>	<b>Linnea Fröberg</b>	<b>Raz Putin</b>		<b>Föreningen Sydnärkeryttarna</b>						
<b>Start</b>	09:00:00									
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff.</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>		
<b>Vtg 1</b>	11:22:09	11:41:20	00:19:11	12,3	12,3	64	02:41:20	12:11:20	20	
<b>Vtg 2</b>	14:39:57	14:44:08	00:04:11	11,8	12,0	64	02:32:48	15:14:08	16	
<b>Mål</b>	16:37:32			12,2	12,1	68	01:23:24		Utesluten	
<b>Totalt</b>		00:23:22		12,1	12,1		06:37:32			
										Tillåten max puls är överskriden

<b>29</b>	<b>Angelica Thuden</b>	<b>Naprapat</b>		<b>Filipstadsbygden</b>						
<b>Start</b>	09:00:00									
	<i>Ankomsttid</i>	<i>Intid</i>	<i>Diff.</i>	<i>Km/tim</i>	<i>Ack. km/tim</i>	<i>Puls</i>	<i>Ridtid</i>	<i>Uttid</i>		
<b>Vtg 1</b>	11:26:45	11:36:40	00:09:55	12,6	12,6	60	02:36:40	12:06:40	19	
<b>Vtg 2</b>	14:16:21	14:28:30	00:12:09	12,7	12,7	64	02:21:50		Utesluten	
										Utgår egen begäran

<b>32</b>	<b>Birgit Glanander</b>	<b>Shaikir ox</b>		<b>Filipstadsbygden</b>						
<b>Start</b>	09:00:00									
<b>33</b>	<b>Lena Eriksson</b>	<b>Come On Guy</b>		<b>Filipstadsbygden</b>						
<b>Start</b>	09:00:00									