



## Bulletin 3

# Swedish Ski-O Tour

including Camp and Swedish Ski-O Cup

## December 17-21 2008

at Harsagården

PROGRAMME	Swedish Ski-O Tour / Camp	
Wednesday Dec 17	17.00-19.00	Dinner
	18.00-20.00	Competition office open
	19.30	First start short distance
Thursday Dec 18 <sup>th</sup>	08.00-09.00	Camp office open (delivery of maps, courses etc)
	09.00	Camp information for team leaders
	09.30-10.00	Camp leaders present at start of practises
	11.30-15.00	Lunch
	13.00-14.00	Camp office open
	14.00	Ski practise at start and finish area
	17.00-19.00	Dinner
	17.45	Prize giving ceremony short distance youth (Dec 17)
	18.00	SSF Ski-O Youth Clinic (in Swedish)
	19.30	Special happening for camp participants
Friday Dec 19 <sup>th</sup>	07.00-09.30	Breakfast
	08.00-09.00	Camp office open
	09.30-10.00	Camp leaders present at start of practises
	11.30-15.00	Lunch
	13.00-14.00	Camp office open
	14.00-14.30	Camp leaders present at start of practises
	16.00-19.00	Competition office open
	17.00-19.00	Dinner
	19.30	Mass start M15- relay
	19.35	Mass start W15-, M-14 and W-14 relay
Saturday Dec 20 <sup>th</sup>	21.00	Prize giving ceremony
	07.00-09.30	Breakfast
	08.00-10.00	Competition office open
	09.30	First start short distance
	11.30	Prize giving ceremony youth
	11.30-15.00	Lunch
	12.00-14.00	Competition office open
Sunday Dec 21 <sup>st</sup>	14.00	First start sprint pursuit (M/W21, M/W20, M/W18)
	17.00-19.00	Dinner
	07.00-09.30	Breakfast
	08.00-14.00	Competition office open
	09.30	First start long distance (WRE)
	12.00	Prize giving ceremony youth
	12.30	Prize giving ceremony Swedish Ski-O Tour
	11.30-15.00	Lunch



**In elite classes (M/W21, M/W20 and M/W18) special points will be calculated at each individual competition. Highest score totally in all three competitions will be the winner of Swedish Ski-O Tour.**

### VENUE

Event center is located at Harsagården in Hälsingland ([www.harsa.se](http://www.harsa.se)).

Competition office is located at the basement of Harsagårdens guesthouse. Entrance from the reception of Harsagården.

Start and finish area for short distance are located near Harsagårdens guesthouse. Start and finish area for other competitions are located in the end of the downhill slope.

<b>DRESSING ROOM AND SHOWER</b>	For those <u>not</u> accommodated at Harsagården in the basement of Harsagårdens guesthouse.
<b>SKI WAXING</b>	Ski waxing only outdoors or at Harsagården's special facilities for waxing.
<b>WARMING UP AREA AND SKI TEST</b>	Wednesday Dec 17 <sup>th</sup> at tracks at the north side of the main road. For other competitions at tracks at the south side of the main road.
<b>LATE ENTRY</b>	Late entry can be done at tel +46 70 372 20 32 Tuesday Dec 15 <sup>th</sup> and Thursday Dec 18 <sup>th</sup> at 18.00-20.00. Fee for late entry is 150% of ordinary fee.
<b>FINAL ENTRY RELAY</b>	Final entry of names in relay with special form shall be handed over at the Competition office Friday Dec 19 <sup>th</sup> 18.00 at the latest.
<b>OPEN CLASSES</b>	Three different open classes with different length are available. Start Wednesday Dec 17 <sup>th</sup> 19.30-20.00, Saturday Dec 20 <sup>th</sup> and Sunday Dec 21 <sup>st</sup> 09.30-10.30. Entry shall be done at the Competition office 30 minutes before first start.
<b>ADDED CLASSES</b>	Because of few entries are some classes added, see starting list.
<b>MAPS</b>	Ski-O maps, surveyd 2001, scale 1:5000 (relay and sprint pursuit), 1:10 000 (short distance and long distance M/W-16 and M/35-), 1:15 000 (long distance M/W21, M/W20 and M/W18).
<b>NUMBER BIBS</b>	Number bibs will be handed over at the Competition office and shall be placed on the right leg Wednesday Dec 17 <sup>th</sup> and other days on the left leg.
<b>PUNCHING SYSTEM</b>	Ordinary EMIT system will be used at all competitions. Rented e-cards will be delivered at the competition office. Same card shall be used in all competitions and camp. Lost or not returned e-card will be charged with 200 SEK.
<b>COURSES</b>	Information about courses (M/W21, M/W20 and M/W18), tracks and snow conditions will be announced in a Extra Bulletin at Competition office.
<b>PRIZES</b>	Prizes only in classes for youth (M/W10-16), relay and total score in Swedish Ski-O Tour. Prize giving ceremony will be held at the start and finish areas. Prize giving ceremony for youth short distance Dec 17 <sup>th</sup> will be held the evening after (Dec 18 <sup>th</sup> ), at Harsagårdens guesthouse, conference room at 2 <sup>nd</sup> floor.
<b>MEDICAL SERVICES</b>	If medical services is needed, please contact the Competition office.
<b>COMPLAINTS</b>	Any complaints of the competitions shall be done in writing and be handed over to the Competition office not later than one (1) hour after official results has been published.
<b>JURY</b>	Chairman (also EA) in the jury is Lars-Peter Johnsson (Sundsvall, SWE). The two other members will presented before mass start of relay Friday Dec 19 <sup>th</sup> .
<b>ORGANISER</b>	Ski-O Tour Club and Harsagården <b>Event director</b> Stefan Frick, Tel +46 70 372 20 32, <b>E-mail</b> <a href="mailto:stefan@frickmk.nu">stefan@frickmk.nu</a> <b>Ass. Event director</b> Claes Söderhjelm <b>Course setter</b> Urs Bütikofer <b>Ass. Course setter</b> Torgny Pettersson <b>Event adviser (EA)</b> Lars-Peter Johnsson (Sundsvall, SWE) <b>Media service</b> Stefan Frick, Tel +46 70 372 20 32, <b>E-mail</b> <a href="mailto:stefan@frickmk.nu">stefan@frickmk.nu</a> <b>E-mail</b> <a href="mailto:info@ski-otourclub.nu">info@ski-otourclub.nu</a> <b>Internet</b> <a href="http://www.ski-otourclub.nu">www.ski-otourclub.nu</a>